



Curriculum statement for P.S.H.E. at Oak Lodge

Intent

PSHE enables our children to become respectful, resilient and resourceful citizens, in line with our Trust values. PSHE aims to help children to understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We intend to help children build positive, respectful relationships in their lives. We will ensure the children know how to keep safe in different situations - online and offline. We provide our children with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. This is embedded by our Oak Lodge School Values and use of passports to instil key values in all our children.

Implementation

Here at Oak Lodge Primary School, we use Coram Life Education's scheme of work called SCARF throughout school. This follows the PSHE Association's programme of study which is split into three core themes of: Health and Wellbeing, Relationships and Living in the Wider World. The children will meet these themes throughout the course of the year and the themes are built upon as the children move through the school.

What is SCARF?

SCARF PSHE is a comprehensive and completely original Scheme of Work for the whole Primary School from Early Years through to Year 6 from Coram Life Education. It brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. SMSC (Spiritual, Moral, Social and Cultural) development opportunities are mapped throughout. All of these pieces of learning are brought together to form a cohesive picture, helping children to know and value who they are and understand how they relate to other people in the world.

The statutory guidance for Relationships and Health Education for primary schools is also covered within this scheme. *For clarification, puberty is part of the statutory Health Education, and will be taught to **all children through Key Stage 2**. The concept that our bodies grow and change from babies to old age is introduced in Key Stage 1. Correct terminology for body parts is introduced early to normalise this biological vocabulary and to*

support safeguarding. These words are not used in isolation but always in appropriate context, ensuring children know these are private parts of their bodies.

